

# Almighty Power Comes Only by Prayer and Fasting

## I. We must understand what we are up against.

“Lord, have mercy on my son, for he is an epileptic and suffers severely; for he often falls into the fire and often into the water. So I brought him to Your disciples, but they could not cure him.”

(Matthew 17:15-16 NKJV)

“For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.”

(Ephesians 6:12 NKJV)

“Then Peter said, ‘Silver and gold I do not have, but what I do have I give you: In the name of Jesus Christ of Nazareth, rise up and walk.’”

(Acts 3:6 NKJV)

## II. Hopeless and powerless followers of Christ accomplish very little.

“Then the disciples came to Jesus privately and said, ‘Why could we not cast it out?’ So Jesus said to them, ‘Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, ‘Move from here to there,’ and it will move; and nothing will be impossible for you.’” (Matthew 17:19-20 NKJV)

“Then some of the itinerant Jewish exorcists took it upon themselves to call the name of the Lord Jesus over those who had evil spirits, saying, ‘We exorcise you by the Jesus whom Paul preaches.’ Also there were seven sons of Sceva, a Jewish chief priest, who did so. And the evil spirit answered and said, ‘Jesus I know, and Paul I know; but who are you?’ Then the man in whom the evil spirit was leaped on them, overpowered them, and prevailed against them, so that they fled out of that house naked and wounded.” (Acts 19:13-16 NKJV)

“But I do not want you to be ignorant, brethren, concerning those who have fallen asleep, lest you sorrow as others who have no hope.”

(1 Thessalonians 4:13 NKJV)

“For God has not given us a spirit of fear, but of power and of love and of a sound mind.” (2 Timothy 1:7 NKJV)

### **III. Some issues are only resolved by prayer and fasting.**

“Then Esther told them to reply to Mordecai: ‘Go, gather all the Jews who are present in Shushan, and fast for me; neither eat nor drink for three days, night or day. My maids and I will fast likewise. And so I will go to the king, which is against the law; and if I perish, I perish!’”

(Esther 4:15-16 NKJV)

“However, this kind does not go out except by prayer and fasting.”

(Matthew 17:21 NKJV)

“So when Peter saw it, he responded to the people: ‘Men of Israel, why do you marvel at this? Or why look so intently at us, as though by our own power or godliness we had made this man walk?’”

(Acts 3:12 NKJV)

Rev. Robert Spicer | [robert@frazerumc.org](mailto:robert@frazerumc.org) | March 15, 2009