

Whose You Are

 **MARK 1:16-20**

When you respond to the call and become a child of God you are forgiven, Jesus’ spirit begins to live inside you, you begin instantly to live eternal life with God, and you complete the rest of your earthly life with God’s protection and presence.

When difficult circumstances start to overwhelm you and your mind is tempted to listen to the lies of the world, your strength comes in remembering “Whose you are.” When sickness comes, when people disappoint you, when you are struggling to make ends meet, peace and joy come in remembering “Whose you are.”

You remember your calling best through gratitude. When you hear the call and become a child of God, God gives. He gives peace, love, His power, His protection, and His presence. God gives so much – even His Son. Saying thanks to God is the way to deepen your conviction that you were chosen and called by God into a deep and intimate, everlasting relationship with a heavenly Father.

Stress Fracture Remedy

 **PSALM 23**

Have you ever had a stress fracture? Stress fractures are common in athletes. They come about when the shock and strains of playing game after game create microscopic cracks in the outer layer of the bone. They are quite painful.

Most of us have not had bone stress fractures, but we all know the stress fractures of the soul and spirit that have come from the shocks and strains of living. Life is full of stress fractures. Worries, fears, sickness, demanding bosses, deadlines, dead end jobs, money shortages, marriage messes, family strains, job losses, deaths, and health concerns are just a few of the stressors.

We take medicine for physical ailments. Is there any medicine for spirit fractures? Yes! It is the 23rd Psalm. Begin today to read and commit to memory Psalm 23. The next time you begin to feel the pain of stress, step back, get quiet, and say the 23rd Psalm. You will find that there is peace beside the still waters.

HEART&HOME

FRAZER'S WEEKLY PERSONAL AND FAMILY STUDY GUIDE

JANUARY 23-29, 2012

SANCTUARY EDITION

 **TRANSFORMING THOUGHT**

God calls us, not to a place
but to a Person; not to a
job but to way of life.

YEARLY BIBLE READING PLAN

In addition to the daily readings in this guide, you can read the following chapters to go through the whole Bible in a year:

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|-----------------------|---------------------------------------|---|
| Monday, January 23 | <input type="checkbox"/> Mark 10-12 | <input type="checkbox"/> Psalm 19 |
| Tuesday, January 24 | <input type="checkbox"/> Mark 13-16 | <input type="checkbox"/> Psalm 20 |
| Wednesday, January 25 | <input type="checkbox"/> Exodus 1-4 | <input type="checkbox"/> Psalm 21 |
| Thursday, January 26 | <input type="checkbox"/> Exodus 5-8 | <input type="checkbox"/> Psalm 22:1-11 |
| Friday, January 27 | <input type="checkbox"/> Exodus 9-11 | <input type="checkbox"/> Psalm 22:12-31 |
| Saturday, January 28 | <input type="checkbox"/> Exodus 12-14 | <input type="checkbox"/> Psalm 23 |

 **MEMORY VERSE**

“Come, follow me,” Jesus said, “and I will send you out to fish for people.”

MARK 1:17 NIV

ORDER OF WORSHIP

- Prelude Timothy Wilson
 - Welcome Dr. Tim Thompson
 - Call to Worship: *Majesty*..... Choir
 - Hymn: *Love Divine, All Loves Excelling*..... Congregation
 - Special Music: *This is the Day the Lord Has Made*..... Choir
 - Prayer Rev. Rusty Taylor
 - Special Music: *And Now My Life Song Sings* Solo: Mike Bright
 - Announcements and Call for Offering Rev. Rusty Taylor
 - Offertory: *I Will Never be the Same Again* Ensemble
 - Doxology Congregation
 - Sermon..... Dr. Tim Thompson
 - Hymn #174: *His Name is Wonderful* Congregation
 - Benediction Dr. Tim Thompson
 - Postlude Timothy Wilson
- Acolytes serving in the Sanctuary this Sunday are Sarah and Grace Lowery at 9:30 a.m., and Nathan Baxter and Sydney Welch at 11 a.m.

I Know How You Feel

Mark 1: 9-13 “⁹One day Jesus came from Nazareth in Galilee, and John baptized him in the Jordan River. ¹⁰As Jesus came up out of the water, he saw the heavens splitting apart and the Holy Spirit descending on him like a dove. ¹¹ And a voice from heaven said, “You are my dearly loved Son, and you bring me great joy.” ¹² The Spirit then compelled Jesus to go into the wilderness, ¹³ where he was tempted by Satan for forty days. He was out among the wild animals, and angels took care of him.” (NLT)

Hebrews 4:15 “This High Priest of ours understands our weaknesses, for he faced all of the same testings we do, yet he did not sin.” (NLT)

Hebrews 2:18 “Since he himself has gone through suffering and testing, he is able to help us when we are being tested.” (NLT)

Dr. Tim Thompson

SPREAD THE WORD

Hear today’s message again and share it with a friend. Pick up a CD in the Atrium, watch on WFRZ TV or online at frazerumc.org/media, or download the podcast at frazerumc.org/podcast.

MONDAY

JANUARY 23, 2012

Yourself, Only Different

 **MARK 1:16-20**

The first followers of Jesus were fisherman. Jesus invited them to follow Him and He would make them fishers of men. They followed. Did you notice that Jesus didn’t ask them to be something that they were not? They were fisherman. Jesus said, now you will be fisherman with a different focus. He didn’t change who they were by changing who they were. He changed who they were by changing the focus of their lives.

Jesus doesn’t want us to be someone we are not. He just calls us to be who we are, with our own uniqueness, gifts, personalities, and idiosyncrasies, and to offer ourselves to Him. When we respond to the invitation to follow Jesus we just keep doing what we do as a lawyer, homemaker, secretary, salesperson, teacher, electrician, or whatever, only we are no longer doing it for ourselves but for the glory and honor of God. It is amazing what Christ can do with us and through us to lead others to Him if we just simply give Him who we are and what we do, and allow Him to do with it as He will.

TUESDAY

JANUARY 24, 2012

Andrew Who?

 **JOHN 1:35-42**

You can accomplish great things in this world, and you can do beautiful things for God, if you don’t care who gets the credit. The disciple Peter was the star, the leader, the one who was constantly in the spotlight. Andrew was the one who introduced Peter to Jesus, but he gets lost in the shuffle. He is known primarily as “Andrew, Simon Peter’s brother.” Andrew stays in the shadows while his brother gets all the credit. But where would Peter be if it were not for Andrew?

How would you feel if you were Andrew? What is your response if you don’t get the credit and recognition for the good you have done? What is your reaction when someone gets the rewards and honors and credit for the hard work you did? If you don’t get your way, or don’t get credit, do you get mad or jealous? Do you sulk and pout? Do you decide you won’t participate anymore?

Andrew didn’t care about credit. He cared about being faithful to his calling to be a fisher of men. He accomplished great things for God. You can accomplish so much more good for God when you don’t care who gets the credit.

WEDNESDAY

JANUARY 25, 2012

Pass It On

 **MARK 1:17**

The noblest thing you can do is to bring someone else to Jesus. I don’t mean you have to go door to door or stand on street corners asking people if they are saved. (Unless you are called to that). Nor do I mean you have to whack someone upside the head with your Bible or twist someone’s arm to follow Jesus. But there is someone in your workplace or in your family or a neighbor who is hurting, indifferent to faith, or unchurched who needs to know that you care about them, and who would be helped if he knew the reason you care is because you are a follower of Jesus Christ.

You can invite them to Church. You can pray for them daily. You can serve them in some kind, unexpected way. While ultimately it is the Holy Spirit who draws people to the Lord, the Holy Spirit uses our care, love, invitations, and acts of kindness to touch the hearts of others. What greater fulfillment can there be than when you take what you have received from Jesus Christ and pass it on to someone else?

THURSDAY

JANUARY 26, 2012

Beyond Rejection

 **MARK 1:16-20**

God’s first call is into a relationship with Him. God calls—He chooses each one of us to be His child. That does not mean that God rejects others. In our past, so many of our memories about being chosen are intermingled with rejection: we didn’t make the cut, we didn’t make a team. Or, we made the team yet we were aware that someone else didn’t.

God’s calling isn’t like our earthly idea of being chosen. To be chosen by God is radically different than the worldview of comparison and competition. God calls and says to each of us, “I love you. I made you unique and I take great delight in you. There is no one else exactly like you.”

It is only when we embrace the idea of being chosen—being called—by God into a relationship with Him, that we are able to put aside the hurts of the past and grow into Christ-likeness. We are each God’s chosen child. Even when the world rejects us and tells us that we are nobody, worthless, and unlovable, we are reminded that our special being, our value, our identity is not found in what other people say or think. Our value is in the hearing and believing that we are called—chosen—by the great Creator, God, into a relationship of everlasting love as His child.